

Dear Colleagues, Partners, and Friends,

This has been a landmark quarter for the iCARDIO Alliance with the publication in April of our first-ever Global Implementation Guidelines, on Heart Failure. We're excited about the progress we're making and delighted to share these updates with you.

### In this third edition of our quarterly iCARDIO newsletter, you'll find:

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- 02 Making Cardiovascular Guidelines Work for Everyone – Bridging the Gap in Cardiovascular Care, Together
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## 01 Landmark launch of Global Implementation Guidelines for Heart Failure

We're thrilled about the launch in April of our first-ever Global Implementation Guidelines, marking a major step forward in transforming how cardiovascular care is delivered around the world. Developed through the iCARDIO Alliance, these Guidelines aim to complement existing international efforts by offering a practical, equity-driven, and context-sensitive perspective, supporting the global community in advancing cardiovascular care.

Heart failure affects over 64 million people worldwide, and disparities in healthcare access often prevent optimal care. Recognizing this, our new Global Implementation Guidelines on the Diagnosis and Management of Acute and Chronic Heart Failure offer a practical alternative to traditional, high-income-country-focused recommendations.

The principles of our Guidelines development process include:

- Evidence-based recommendations drawn from existing and new research
- Guidance tailored for various healthcare settings, including those with limited resources
- Diverse global authorship and extensive peer and public review
- Inclusion of patient perspectives throughout the development process

The Guidelines are accessible by open access on the website of the journal Global Cardiology and co-published in several other journals. They can be accessed via the [iCARDIO website](#).

Help us amplify their impact – share the [Guidelines](#) with your networks and communities working to improve heart failure care.

### iCARDIO Alliance Global Implementation Guidelines on Heart Failure 2025



## 02 Making Cardiovascular Guidelines Work for Everyone – Bridging the Gap in Cardiovascular Care, Together

The launch of our Global Implementation Guidelines on Heart Failure is a milestone representing more than just a new set of recommendations – it reflects a growing, global consensus that cardiovascular care should be equitable, practical, and patient-centered.

We're proud to see this vision gaining momentum internationally. During a lecture at the Heart Failure Congress in Belgrade in May, Professor John J.V. McMurray (University of Glasgow) cited the iCARDIO Guidelines, alongside Japan's new Heart Failure guidelines, as key examples of a global pivot toward practical, inclusive care.

In the May 2025 issue of the European Heart Journal, Professor Eva Prescott highlighted this approach, calling for adaptations to ESC guidelines for low-resource settings. Her emphasis on real-world implementation strongly aligns with iCARDIO's mission.

These developments underscore a critical shift: meaningful implementation is no longer a peripheral concern, it is becoming a core focus of global cardiovascular care.

As thought leaders increasingly align around practical action, we are moving closer to a future where every patient, regardless of setting, has access to high-quality care.

## 03 Join the Global Effort to Improve Cardiovascular Care

The iCARDIO Alliance is a growing international network of cardiovascular societies and partners committed to transforming care through equity-focused, implementable guidelines.

With so far 17 partner societies across all continents, we are a collaborative umbrella association bringing together scientific expertise, regional insight, and shared commitment to patient outcomes.

#### Why partner with us?

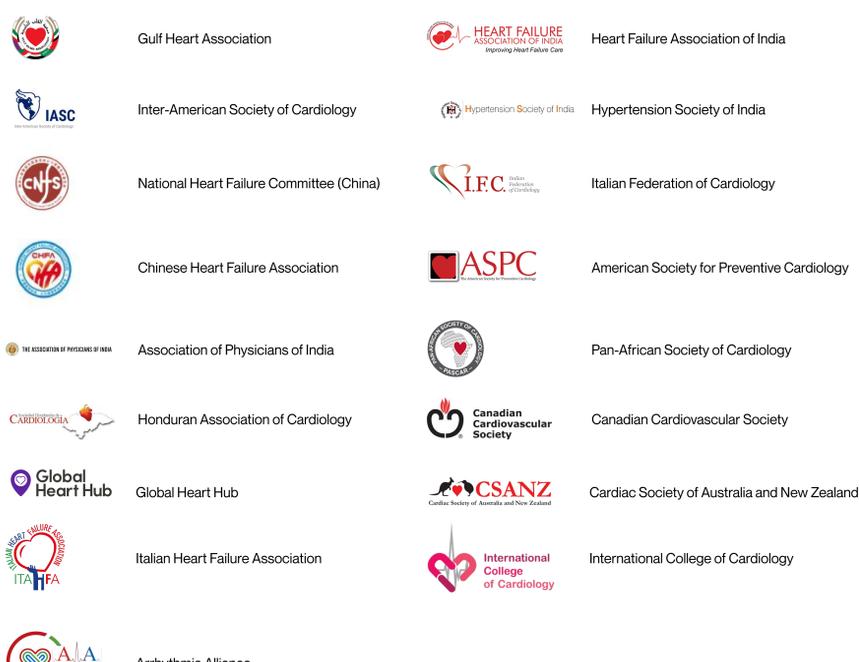
Partner societies can:

- Propose experts for our writing task forces
- Nominate experts to participate in the peer reviews
- Shape the future of cardiovascular care through collaboration

**If your society is already a partner, help us grow by connecting us with like-minded organizations.**

To join or refer a partner, contact: [vdean@tmacademy.org](mailto:vdean@tmacademy.org)

Let's bridge the gap between innovation and implementation – together.



## 04 Coming soon: iCARDIO Global Implementation Guidelines on Obesity Therapy in Patients with Cardiovascular Disease

Our next major initiative is on the horizon: the Global Implementation Guidelines on Obesity Therapy in Patients with Cardiovascular Disease. These Guidelines aim to address obesity as a leading contributor to cardiovascular risk—with guidance tailored to all economic contexts.

More than 880 million people globally are affected by obesity, yet most existing guidelines don't meet the needs of clinicians in under-resourced settings. The forthcoming iCARDIO Guidelines aim to change that.

**Currently, our Obesity Task Force is finalizing the Guidelines following a global public review which took place from May 9 to June 2.** Feedback from around the world is being incorporated to ensure the recommendations are practical, inclusive, and ready for real-world use.

Stay tuned for the official launch of these important guidelines in the next few months.

## 05 Global Survey on Healthcare Professionals' Perceptions of Ischemic Heart Disease (IHD) Practice Guidelines Coming Soon

Our upcoming global survey is designed to assess how clinicians around the world perceive existing IHD guidelines and how they are used in practice. We aim to identify gaps, barriers, and opportunities for more effective implementation in diverse healthcare settings.

We are inviting all healthcare professionals involved in IHD care to share their perspectives by answering this survey.

Your input will help us create Guidelines that are practical, implementable, and globally relevant.

Check our [website](#) soon for the live link.

Findings from this survey will be published later this year, ahead of the release of the iCARDIO Alliance IHD Global Implementation Guidelines planned for Q4 2025.

If you have any questions or comments, please feel free to contact [dporter@icardio.org](mailto:dporter@icardio.org).

Thank you for your continued support!

With warmest wishes,  
The iCARDIO Team

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